As we move towards the implementation of the Patient Protection and Affordable Care Act, we all have to be asking, “How will our health system absorb the 32 million newly insured patients?” when we can barely handle current patient loads. How will nursing be involved?

To address this issue, the Institute of Medicine and the Robert Wood Johnson Foundation assembled a national panel of health care experts that met for two years to discuss the role of nurses in health care reform. The report was published on October 2010, “The Future of Nursing: Leading Change, Advancing Health”. This distinguished panel met for two days post movement to discuss implementation of their recommendations. This report points out that nurses are going to have a greater role in our future health care system.

The report included four key messages:

1. Nurses must be able to practice to the full extent of their education and training.
2. Nurse education and training needs to be improved to provide nursing professionals with access to advanced education in a seamless academic program.
3. Nurses must be full partners, with physicians and other health care professionals, redesigning health care in the United States.
4. Finally, planning for future workforce needs in nursing will require better and more efficient data collection and infrastructure.

I am very excited about the reports recommendation and on how we, NAHN, will be involved in assisting in the implementation.

Reclaim our future and make a difference! Get involved today by going to www.thefutureofnursing.org where you can sign up to take action by hosting an event to discuss recommendation, in regional, state and local meetings, webinars, article writing policies or partnership. Be a vital part of implementing these outstanding recommendations.

“Advancing the dream through diverse nursing leaders.”

Sincerely,

Angie Millan, MSN, RNP, CNS

President, NAHN
Mentoring Hispanic Nurses for a Better Tomorrow

National Association of Hispanic Nurse’s (NAHN) Preparation for the Future
Vivian Torres-Suarez, RN, MBA, BSN, Member of NAHN- NY

NAHN President Angie Millan is very excited about the launching of a new program under NAHN, The NAHN Mentorship Academy, that will provide much needed mentorship for our future leaders.

Are you ready to set and achieve your career goals through participation in a mentorship program?

The Future of Nursing: Leading Change, Advancing Health, Institute of Medicine (IOM) report, inspired by the Robert Wood Johnson Foundation (RWJF) in creating the RWJF Initiative on the Future of Nursing, highlights the actions that need to be taken by the nursing profession in order to become partners and leaders in improving the delivery of care and the health care system. The report states that as efforts are made to improve nursing education, greater emphasis must be placed on increasing the diversity of the nursing workforce. To better meet the current and future health needs of the public and to provide more culturally relevant care, the current nursing workforce will need to grow more diverse. Previous IOM reports have found that greater racial and ethnic diversity among providers leads to stronger relationships with patients in nonwhite communities. These reports argue that the benefits of such diversity are likely to be felt across health professions and to grow as the U.S. population becomes increasingly diverse (IOM, 2004, 2006).

The National Association for Hispanic Nurses’ (NAHN) Mentorship Academy has the answer for those who choose to participate. The newly created Mentorship Academy will be launched in July 2011 at the Association’s annual conference. The Academy is designed to maintain a formal mentoring process that assists participants to set and advance their career goals. Setting your career goal is the first step to career advancement. As shown in the literature, greater expectations are needed (Alicea-Planas, 2009).

The concept of mentorship dates back to Greek mythology when the goddess Athena acted as a wise counselor and helper to the youth. Today there are many industries that use formal and informal methods of mentorship to nurture and support younger and less experienced colleagues in managing their careers. The National Association of Hispanic Nurses Mentorship Academy will provide the right forum for you to identify with others similar to yourself who have achieved success and who are willing to guide and support you in your professional journey. Both the mentor and mentee will forge ahead in a positive and reflective way to achieve success. The Mentorship Academy will follow the conceptual framework for mentoring developed by McKimm, Jollie, & Hatter (2007) based on the definition of mentoring centered on a mentor being someone who helps another person through an important transition such as career development. The mentor will also act as a role model, confidant, and colleague to the mentee. The reciprocal relationship will add dimension to the learning and sharing process by both mentor and mentee and will certainly enrich the personal and professional lives of all those involved.

Because mentorship is a reciprocal process that affects the protégé as well as the mentor. NAHN’s Mentorship Academy is looking for participants willing to participate as Mentors. They will work together with the Mentees to set high expectations and achieve the goals set. The mentors understand the need to balance family responsibility with desire for career advancement.
Hispanic nurses remain underrepresented within the field of Nursing in the U.S., 3.6% of the 3 million Registered Nurses are Hispanic while Hispanics represent more than 15% of the U.S. population according to the 2008 national survey of RNs. Not only are more Hispanic nurses needed, but more Hispanic nurses are needed in education and administration and NAHN is ready to help you achieve those goals. As a mentor, you will have the direct responsibility of assisting future nurse leaders develop leadership potential among all nurses especially among Hispanic nurses who are so frequently underrepresented at all levels within the profession.

It would be an honor and a pleasure if you would consider joining the NAHN Mentorship Academy. It will be launched at a pre-conference session in July 2011. Seating is limited so please complete the enrollment form in the newsletter. It is expected that we will have an impressive list of Mentors that will be shared with you after the application process is complete. NAHN’s Mentorship Academy is an action oriented approach to improve the systems of care in diverse settings. And we look forward to your participation.

If you are interested in participating as a Mentor please complete the enrollment form at http://www.thehispanicnurses.org/2011MentorshipAcademyMentorenrollmentform.pdf and return by March 4th, 2011.

The creation of the Academy is made possible as a result of my participation in the Robert Wood Johnson Executive Nurse Fellowship Program and the grant provided.

**2011 NAHN Scholarship/Awards**

Apply for one of NAHN’s Scholarships by April 1, 2011!!

The 2010-2012 NAHN Scholarship Committee, headed by Miriam “Mimi” Gonzalez, is proud to announce that the 2011 Scholarship application criteria and procedures will soon be posted on the NAHN website. We will send our membership a special e-mail as soon as they are posted.

These awards are presented to NAHN members enrolled in associate, diploma, baccalaureate, graduate or practical/vocational nursing programs. Selection of recipients is based on current academic standing.

Scholarship award recipients are a select group of Hispanic students who demonstrate promise of future professional contributions to the nursing profession and who have the potential to act as role models for other aspiring nursing students.

To qualify for the scholarship award, the applicant must be a current member of NAHN, currently enrolled in a school of nursing and be a United States citizen or legal resident of the United States.

We are also excited to announce that United Healthcare Foundation will again offer eight scholarships of $5,000 each (see article that follows).

**Avanzamos con Ayuda de United Health Foundation**

The National Association of Hispanic Nurses (NAHN) is pleased to announce that it will offer $40,000 in scholarships to bilingual/bicultural students pursuing careers in the nursing field.

The scholarships, funded by United Health Foundation, are part of the Avanzamos con Ayuda de United Health Foundation (We Advance with Support by United Health Foundation) program aimed at increasing the number of qualified, bilingual/bicultural Hispanic student nurses. As the Hispanic population increases in the United States, the need for bilingual/bicultural Hispanic nurses rises.

Of the more than 3 million registered nurses in the United States, only about 3.6 percent – are Hispanic.

To qualify for a scholarship, students must be enrolled in an accredited undergraduate baccalaureate or graduate school nursing program.

We will soon send you an e-mail with additional information on how to apply for the United Health Foundation NAHN Scholarships scholarships.

**NAHN Job Board**

Did you know that NAHN’s Career Headquarters has some wonderful job openings in many different positions around the U. S.?

If you or someone you know is looking for a new opportunity, don’t forget to check out http://www.thehispanicnurses.org/jobpress/. Below are some of the most recent jobs.

- Chair of the Department of Family Health & Community Health Nursing at SIUE School of Nursing (Edwardsville, IL)
- Director, Specialty Care Clinical Optimization at Kaiser Permanente (Portland, OR)
- Associate Dean Health Sciences (Glendale, CA)
- Assistant Professor - Nursing, 2 positions at Queensborough Community College CUNY (Bayside, NY)
- RN Membership Opportunities at Beth Abraham Family of Health Service (Bronx and Manhattan, NY)
- Primary Care Clinical Team Leader at Children’s Hospital of Atlanta (Atlanta, GA)

Also, don’t forget to encourage your employer to post job openings on the NAHN Career Headquarters page!! Our fees are very reasonable and the money collected benefits YOU, our members!
Members on the News

Congratulations to Daniel Suarez, RN on being nominated as a Fellow of the New York Academy of Medicine for his substantial contributions to nursing and healthcare in local and national circles.

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Congratulations to NAHN member Irma Rubio, RN on receiving the Justice Award, one of “The Values in Action Awards,” the highest honor bestowed by the St. Joseph Health System Board of Trustees and Covenant Health Systems for her extraordinary commitment to the needs of patients with limited English proficiency.

Every year, employees and fellow coworkers at Covenant Health System recognize and honor four employees throughout the system for outstanding contributions and commitment to the following Covenant’s four core values: Dignity, Excellence, Service and Justice.


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NAHN Board Member and Secretary, Fortuna “Tuni” Borrego, RN, MSN, Director of Nursing Medical/Surgical/Telemetry at Memorial Hospital West, was recently featured in an article of the Memorial Healthcare System’s Career eNewsletters, for her work as the leader of the Broward County Chapter of the National Association of Hispanic Nurse. The article highlighted the partnership of Tuni’s Chapter with the National Bone Marrow Donor Program to register Hispanics as donors.

NOTE: We would love to feature YOU next!! Share your successes with all of us by e-mailing them to nahnnews@thehispanicnurses.org.

NAHN Headquarters Update

2011 NAHN Leadership Retreat

The 2011 NAHN Board & Chapter Presidents’ Retreat took place at the Gran Meliá Hotel in Rio Grande, Puerto Rico on Friday, January 14, 2011 - Sunday, January 16, 2011. Thirty-five NAHN leaders networked and explored how to become more effective leaders.

Organized by NAHN President, Angie Millan, MSN, RNP, CNS, the participants attended excellent presentations on Saturday offered by Margaret Avila, MSN, MS, RN/NP, PHN (“Inspire a Shared Vision”); Catherine Clayton Benavidez, MS, RN, NP (“Marketing Strategies”) and Dan Suarez, RN, MA (“Fundraising for Your Chapter - Secrets for Success”).

On Sunday, several sponsors gave presentations covering the following topics:

- RSV and Influenza-Update 2011 by Dr. Robert D. Walker, MD, FAAP, CPE, Senior Director, Medical Affairs, MedImmune
- Por Tu Familia: A Cultural Approach to Diabetes Awareness in the Latino Community by Julia A. Burgos, Director, Community Outreach, Latino & Corporate Initiatives, American Diabetes Association
- Essential Benefits: Ensuring Access to Quality Health Care by Melissa Bishop-Murphy, Senior Director, National Government.

In addition, Dan Suarez, RN, MA and Angie Millan, MSN, RNP, CNS briefed attendees on the new NAHN Mentorship Academy.

Many thanks to the following organizations for their generous support of this retreat:

- Diabetes Foundation
- Huggies
- MedImmune
- NAHN Foundation
- Pfizer Inc
Champion Nursing Coalition

NAHN President Angie Millan and NAHN Executive Director Celia Besore recently attended a Champion Nursing Coalition-Council Meeting on Monday, January 31, 2011 in Washington, DC. The Council meeting explored the relevance of the Institute of Medicine (IOM) Future of Nursing recommendations to your organization; examined the role organizations like NAHN can play in implementing the IOM recommendations; and developed a preliminary plan for action.

The meeting featured presentations by Susan B. Hassmiller, Senior Advisor for Nursing, Robert Wood Johnson Foundation, who gave a Campaign Overview, and a Champion Nursing Coalition Member Panel, where Marc Baer, Senior Group Manager, Target; Lee Hammond, President, AARP; and Leah Binder, CEO, Leap Frog Group, described how their organizations have started to develop activities to achieve the goals of the report.

Updated NAHN Website Coming Soon!

NAHN staff is currently redesigning the NAHN website to better reflect the vision of NAHN. The redesign will give it a modern look, as well as facilitate finding information. The new menu structure will make it easier to find most of the information with one click.

New NAHN Database to be Developed

NAHN staff is developing a new on-line website that will eventually allow members to update their own information. The online database will also capture more information that will allow NAHN to better serve its members.

NAHN Chapter Tidbits

New Chapter Leadership

Both the NAHN Orange County Chapter and the NAHN Washington D.C. Chapter have new leadership (see below).

Thanks to departing presidents Sonia Valdez, Dr. Carmen C. Ramirez, and their teams for their service to NAHN and their Chapters. Please give a warm welcome to both Chapters and their leadership. Their terms started on January 1, 2011.

Orange County Chapter
- President: Carmen Ferrell
- Vice-President: John Senteno
- Secretary: Paola German
- Treasurer: Sonia Valdez
- Board of Directors: Maggie Waldren - PR
- Board of Directors: Angelica Perez - Scholarships
- Board of Directors: Maria Matza - Scholarships

Washington D.C. Chapter
- President: Arilma St. Clair
- Vice President: Lorena Guevara, ANP-BC
- Secretary: Isolina Pistolessi, BSN, RN, BC
- Treasurer: Dr. Carmen Ramirez, PhD, PNP, RN
- Board of Directors: Carol Lake, RN, FNP - Chair of By-laws and Elections

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Chapter Career Fair

On November 30, the Washington DC Chapter of NAHN said “presente” and represented NAHN at a Career Exploration Fair organized by the Carlos Rosario International Public Charter School.

Dr. Carmen C. Ramirez, then-DC NAHN Chapter president, Arilma (Ari) St. Clair, the new DC NAHN president, and Jackie Zamora, a senior student at Catholic University of America (CUA) and a member of NAHN, volunteered to speak about the nursing profession.

A large majority of the students at the Carlos Rosario International Public Charter School are Hispanics.

Calendar of Events

NAHN LA 16th Annual Professional Nursing Conference

Be sure to mark your calendars for the 16th Annual Professional Nursing Conference on Friday, March 4, 2011 at the California Endowment Center (1000 N. Alameda St.) in Los Angeles, California. The conference will be hosted by the NAHN Los Angeles Chapter and will take place from 8:00pm-4:00pm.

The topic of this year’s Professional Nursing Conference is "Mental Health: Issues for the Latino Community Throughout the Lifespan."

Registration is:
- NAHN Members: $60.00
- Non-Members: $70.00
- Students (generic/non-licensed): $35.00
- All On Site registration: $75.00

For more information and online registration, please visit http://www.lanahn.com. Deadline to register is February 28.

NOTE: We would love to feature YOUR Chapter next!!! Share your successes with all of us by e-mailing them to nahnnews@thehispanicnurses.org.
NAHN Partner Spotlight

Pfizer Helpful Answers

The National Association of Hispanic Nurses (NAHN) has partnered with Pfizer Helpful Answers over the last three years to help spread the word about patient assistance that is available to people without prescription coverage to help them access medicines they may need.

The partnership extended to the local South Texas area to help produce the South Texas Health Guide in collaboration with State Representative Veronica Gonzales.

NAHN and Pfizer unveiled the South Texas Health Guide: Resources for the Uninsured at a special breakfast briefing for health and social service providers held at the Texas A&M Health Science Center in McAllen, with the attendance of Representative Veronica Gonzales. The Guide is a resource for South Texas residents who are uninsured or underinsured that helps to connect them to affordable health care resources throughout the Rio Grande Valley. The project was funded entirely by private donations provided by Pfizer Helpful Answers.

According to the most recent information from the U.S. Census Bureau, there are 6.3 million people in Texas who are uninsured (26 percent of Texas’ population) lacking public or private health insurance in 2009. The state ranks #1 among all states for the highest percentage of people with no health insurance.

"Whether you are seeking health care services for you, your family, a relative or a neighbor, you have important information about affordable services available throughout the Rio Grande Valley," said Angie Millan, president of the National Association of Hispanic Nurses.

"We are happy to have worked with the National Association of Hispanic Nurses and Representative Veronica Gonzales to help the uninsured and underinsured residents of South Texas through the creation of the South Texas Health Guide," said Gary Pelletier of Pfizer Helpful Answers. Pfizer Helpful Answers is committed to helping America’s uninsured and underinsured population and we welcome opportunities to inform and educate the public about the program and other resources that can help people stay healthy."

The South Texas Health Guide: Resources for the Uninsured is available to the public in over 125 public and private community health centers, social service organizations and health facilities across the Rio Grande Valley.

It is also available by calling 1-888-720-1337. The Guide is a comprehensive listing of health care resources that are available to help uninsured and underinsured residents of Texas meet their health care needs, providing contact information and health tips in an easy-to-use and easy-to-read format.

The information is available in both English and Spanish.
Single/Double Go Room rate is $89/night. Rates are per night, subject to state & local taxes of 9%.

To make your reservations call 888-373-9855. Don’t forget to specify the group rate for NAHN.

The Flamingo Hotel is a self-contained casino and resort offering everything an adventurous conference attendee could want; including a Wildlife Habitat and a 15-acre Caribbean-style water playground. Set on the famous four corners of Las Vegas Boulevard and Flamingo Road, this hotel combines heart-pounding Las Vegas excitement with hospitality and service that’s second to none.

Exhibitor/Sponsor Information

The Exhibitor/Sponsorship Prospectus is already available on the NAHN website.

NAHN Ambassadors

You are the best marketer for NAHN membership! Become a NAHN Ambassador by recruiting new members. The top NAHN Recruiter since December 2010 is ...(AGAIN!)

Corina Chick, a Valle del Sol-Phoenix Chapter member. Corina has recruited 4 new paid members since the beginning of December 2010.

NAHN members, let’s give Corina some competition!! Start recruiting now!

Note: Make sure they write your name on the form where it says “Member Ambassador” and “Referred by:” If you have referred members since December, but are not listed above, please let us know so we can give you the credit. Send Rachel Anderson an e-mail to randerson@thehispanicnurses.org.

Research Report

Triple-Negative Breast Cancer Disproportionately Affects African American and Hispanic Women

A form of breast cancer known as “triple negative” has been found to “disproportionately affect both young African American and Hispanic women.” Scientists and researchers are interested in figuring out why exactly there is such an unequal distribution of triple negative breast cancer among different racial and ethnic groups.

According to Dr. Melissa Bondy, a professor of epidemiology at the University of Texas M.D. Anderson Cancer Center, there is a growing concern about triple negative and its effects on Mexican-Americans. Dr. Bondy and her colleagues are starting to research risk factors for triple negative breast cancer in Mexican American women living in Texas, Arizona, and parts of Northern Mexico.

Although research is still being conducted on triple negative breast cancer in relation to Hispanics and other races and ethnicities, it is crucial for researchers to continue to study diverse populations in order to reduce risks and increase awareness within ethnic and racial communities who are at a higher risk of being affected by triple negative breast cancer.

For more information, please visit: http://www.cancer.gov/ncicancerbulletin/NCI_Cancer_Bulletin_072407/page7

Thanks to Adelita G. Cantu, PhD, RN for sending us this article.

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CDC Gynecologic Cancer Campaign

The Centers for Disease Control and Prevention (CDC), in collaboration with the Department of Health and Human Services’ Office on Women’s Health, has developed the “Inside Knowledge: Get the Facts About Gynecologic Cancer campaign” to raise awareness of the five main types of gynecologic cancer: cervical, ovarian, uterine, vaginal and vulvar.

Campaign messages were developed based on formative research using focus groups conducted by CDC across the United States to learn more about women’s knowledge, attitudes and beliefs about gynecologic cancers.

Information about the campaign is available on the CDC Web site in both English and Spanish. To access information, please visit:

• English: http://www.cdc.gov/cancer/knowledge/
• Spanish: http://www.cdc.gov/spanish/cancer/knowledge/

Thanks to Adelita G. Cantu, PhD, RN for sending us this article

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Infant Feeding Study

A study published online November 8, 2011 in the journal Pediatrics examines infant feeding methods and maternal sleep and daytime functioning during postpartum weeks 2 through 12.

The report discovered there is no difference between women who were exclusively breastfeeding, exclusively formula feeding or using a combination of the two methods.

The study concludes that efforts to encourage women to breastfeed should include information about sleep. In particular, women should be told that formula feeding does not equal improved sleep.

To review the study online, go to http://pediatrics.aappublications.org/cgi/content/abstract/peds.2010-1269v1.

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Low Birth-Weight and NICU admission

A recent report examined neonatal intensive care unit (NICU) admission of infants with very low birth weight (VLBW) in 19 states in 2006. Current standards call for NICU care for all infants with VLBW, since it has been shown to reduce mortality in this group.

However, the proportion of infants with VLBW admitted to a NICU is not known, in addition to the predictors for NICU admission.

Published in the November 12th edition of the Centers for Disease Control and Prevention (CDC) Morbidity and Mor-
tality Weekly Report (MMWR), the analysis found that overall, 77.3% of infants with VLBW were admitted to NICUs. 71.8% of infants with VLBW who were born to Hispanic mothers were admitted to NICUs, compared with 79.5% of those with non-Hispanic black mothers and 80.5% of those with non-Hispanic white mothers.

It is noted that there is a need to address state data further in order to identify and address barriers to NICU admission. For more information go to http://cdc.gov/mmwr/preview/mmwrhtml/mm5944a4.htm?s_cid=mm5944a4_w.

In November 2010, the National Institutes of Health (NIH) announced the results of the iPrEx trial, a large research study examining whether a pill containing drugs used to treat HIV can also help prevent HIV infection – an approach called pre-exposure prophylaxis, or PrEP. These findings represent a major advance in HIV prevention research, providing the first evidence that PrEP, when combined with other prevention strategies, can reduce HIV risk among men who have sex with men (MSM).

The iPrEx results have immediate implications for the U.S., since tenofovir-emtricitabine pills are already FDA-approved and available with a prescription for the treatment of HIV infection. As the agency responsible for protecting public health, CDC is taking steps to promote the safe and effective use of PrEP in the United States.
technology; Evidence-based practices, research and evaluation; Sustainability and stewardship; Work force and education; and Policy. See http://www.hhs.gov/ash for more details.

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**112th Congress and Health Care Reform**

On Wednesday, January 19, 2011, a Republican-led House introduced bill U.S. **H.R. 2, “Repealing the Job-Killing Health Care Law Act,”** to repeal the Affordable Care Act (the health care reform act signed into law by President Obama in March 2010).

The repeal bill has been estimated by the Congressional Budget Office to increase the federal deficit by $230 billion over the next ten years.

Student loan reform legislation that was attached to the reconciliation bill would also be repealed.

*For more information on the status of the H.R.2 bill, please visit http://www.opencongress.org/bill/112-h2/show.*

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**Did You Know …**

**Saint Louis University School of Nursing** has received a $900,000 federal grant to increase the number of students who are minorities or from educationally or economically disadvantaged backgrounds who graduate from the baccalaureate nursing (BSN) program.

The three-year grant is from the **Health Resources & Services Administration (HRSA),** an agency within the U.S. Department of Health and Human Services dedicated to improving access to health services and developing the health care workforce.

*For more information, contact: Nancy Solomon, Phone: 314.977.8017; solomonn@slu.edu.*

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More than 4.1 million prescriptions were filled free of charge by AstraZeneca for patients with Medicare Part D.

AstraZeneca is interested in increasing the number of prescriptions filled for Medicare Part D patients.

*Patients may apply over the phone with the help of a live patient assistance program representative by calling 1-800-AZandMe or online by visiting http://www.azandme.com.*

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NMHCs are touted as the “first line of defense” for many of the country’s uninsured or underinsured—where nurse practitioners and other advanced practice registered nurses can provide a broad array of care to those, many living in poverty, who otherwise would not have access to primary care, including health promotion and disease prevention.

All eight clinics are members of the National Nursing Centers Consortium (NNCC), a member of the Champion Nursing Council, as is NAHN.

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The US Consumer Product Safety Commission (CPSC) has announced a **voluntary recall of Britax Chaperone infant car seats.** About 23,000 car seats are included in the recall, which is being conducted because the seat’s harness chest clip can break and pose a laceration hazard and a choking hazard.

In addition to reports of the chest clip breaking, there have been injuries reported including minor lacerations and scratches to arms and fingers.

All of the recalled models were manufactured between April 2009 and May 2010 and were sold at both major and independent retailers nationwide and on the Britax Web site from June 2009 to October 2010. Consumers should stop using the seat and contact Britax for a free repair kit (includes a replacement chest clip).

*For more information, including model numbers included in the recall, go to http://www.cpsc.gov/cpscpub/prerel/prhtml11/11031.html. Contact Britax at 1-888-427-4829 or at http://www.britax.com.*

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The FDA is warning that **accidental ingestion of Tessalon (benzonatate)** by children younger than 10 years can result in serious side effects or death. Tessalon, approved by the FDA to treat symptomatic relief of cough in patients older than 10, may attract younger children because of the drug’s candy-like appearance—a round, liquid-filled gelatin capsule. The safety and effectiveness of benzonatate in children younger than 10 years has not been established.

Consumers and health care professionals are encouraged to report adverse side effects or medication errors from the use of benzonatate to the FDA’s MedWatch Adverse Event Reporting program at http://www.fda.gov/MedWatch or by calling 800-332-1088.

For more information, visit:


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**CMS Electronic Health Record (EHR) Incentive Program**

The **Centers for Medicare and Medicaid Services (CMS) Electronic Health Record Incentive Program** is designed to adopt, implement, and upgrade EHR technol-
ogy and ultimately to improve the quality, safety, and efficiency of patient healthcare.

Participation in the program began on Monday, January 3, 2011.

CMS announced an updated, reorganized, and more user-friendly website for the EHR incentive programs, located at www.CMS.gov/EHRIncentivePrograms.

To find out if you are an eligible professional and/or eligible hospital, please visit https://ehrincentives.cms.gov.

Also, as part of the CMS, Office of External Affairs contract with Medscape, the “Participant Self Assessment, Medicare and Medicaid EHR Incentives: What Do You Know and Do You Know Enough?” site is officially live.

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Spanish Resources On Diabetes And Pregnancy From CDC

Newly developed educational Spanish brochures on diabetes and pregnancy are now available from the Centers for Disease Control and Prevention (CDC).

The materials address pre-gestational and gestational diabetes and are available free of charge for order (up to 500 copies) or for download as PDF files on the CDC Web site at http://www2.cdc.gov/ncbdd/oaorder/orderform.htm.

The brochures include “La Diabetes y el Embarazo: La diabetes Gestacional” (Diabetes and Pregnancy: Gestational Diabetes), an easy-to-read booklet developed for women who have been diagnosed with diabetes during pregnancy and who want to learn more about how to take care of themselves during and after pregnancy.


Also available is “Tiene diabetes? ¡Está pensando quedar embarazada?” (Got Diabetes? Thinking About Having a Baby?), an easy-to-read booklet developed for women who have diabetes and are thinking about getting pregnant or are already pregnant.

Access the PDF file for this publication at http://www.cdc.gov/ncbdd/orders/pdfs/Go%20Diabetes%20sp070110Final.pdf.


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The Center for Faith-based & Neighborhood Partnerships (The Partnership Center) has developed two flu resources in English and Spanish:

- **The Faith/Community Leaders Flu Guide**

- **A one-page flu bulletin/newsletter:**

Let’s Get Social

We want to invite our members to “get social” and join the NAHN Social Media sites. Become a “fan” of the NAHN Facebook page and follow our “tweets” on our Twitter page.

Click on the links below and join us now!

- **NAHN Twitter Page**: @nahnnursing or www.twitter.com/nahnnursing.

Food for Thought

“Nurses are the single most important factor in how satisfied patients are with their hospital care,” said Linda Aiken, director of the Center for Health Outcomes and Policy Research at the University of Pennsylvania.


Don’t forget to send us your news! Next newsletter will be published in May 2011.

¡Hasta luego!