President’s Message:
Angie Millan, MSN, RNP, CNS

It is my pleasure to serve you as the NAHN President for the years 2010-2012. As you know, NAHN has new staff at headquarters and a new board. Together, we are all working hard to provide the leadership required to move us forward.

I would like to share with you my vision for our organization for the next two years.

• Continue to provide resources that facilitate the enhancement of leadership activities from the National to Chapter level.
• Support Chapter level objectives directed to enhance the presence/participation of community based activities related to Latino health, recruitment of members, membership of nursing students, etc.

I will be working with your Chapter Presidents to set objectives to meet these goals. I hope you all make plans to get involved in your own way to assist us in continuing our successful endeavors. If you have any input, please forward it to me.

I would also like to take this time to reflect on our founder, Ildaura Murillo-Rohde, PhD, RN, ND, FAAN. It was an honor to speak on behalf of NAHN at her memorial services. With the assistance of Mary Lou de Leon Siantz, PhD, RN, FAAN, I learned many great things about our founder. She had a long list of tremendous, and many “first,” accomplishments: as the first Latina Nurse; the first to receive her doctorate at NYU; a recipient of the Hildegard Peplau’s Lifetime Achievement Award; the first Hispanic Associate Dean at the University of Washington; and the first Hispanic Dean of a School of Nursing in NYC, just to name a few. But what was most close to her heart was being the Founder of the National Association of Hispanic Nurses in 1975. We, the members of NAHN, are proud to call Dr. Murillo-Rohde our own First Leader!

“Advancing the dream through diverse nursing leaders.”

Sincerely,

Angie Millan, MSN, RNP, CNS
President, NAHN
In Memoriam:  
Ildaura Murillo-Rohde, PhD, RN, ND, FAAN

It is with great sadness that we inform you that our beloved Founder, Ildaura Murillo-Rohde, RN, Ph.D., FAAN, passed away on September 5th in her native land of Panama.

A Memorial Service took place on Wednesday, September 29th. NAHN President Angie Millan, MSN, RNP, CNS gave a eulogy. Several NAHN members also attended the Memorial Service.

Sympathy cards may be sent to her niece, Pat Murillo at 300 West 108th Street, apt. 8C, New York, NY 10025.

Agustina Gutiérrez

NAHN would like to extend its deepest condolences to NAHN President Angie Millan and her family on the death of her mother, Agustina Gutiérrez. Mrs. Gutiérrez died on Friday, October 29th after a short illness.

Funeral services will take place next Saturday, November 6th at 3:00pm PST at the Rose Hills Memorial Park & Mortuary, 3888 Workman Mill Road, Whittier, CA. The Memorial service will be at the Memorial Chapel. Flowers are welcome.

2010 NAHN Nurse of the Year:  
Dr. Maria Elena Ruiz

Congratulations to Dr. Maria Elena Ruiz, Assistant Adjunct Professor at the School of Nursing at UCLA and Associate Director for the Center for Chicano Studies, for being honored with the prestigious National Association of Hispanic Nurses Association’s (NAHN) Nurse of the Year Award. Juan Perez, RN, BSN, Chairman of the Scholarship and Awards Committee bestowed the Award to Dr. Ruiz at the 2010 NAHN Conference in Washington D.C. (see photo).

Dr. Ruiz was honored for her research and leadership as past president of the Oregon NAHN chapter, her international clinical and educational programs focused on Latinos and other underserved communities, as well as her mentorship and support of nursing students. Her nomination for this national award was supported by a diverse group of undergraduate and graduate nursing students, as well as various academic and professional colleagues.

In her new role as associate director of the Center for Chicano Studies Research at UCLA, Dr. Ruiz is beginning a new funded research study with older Latinos that explores homelessness and familismo among homeless Latinos in the skid row area of Los Angeles.

Dr. Ruiz most recently received an award from the American Public Health Association for her research that explored intergenerational relations among Latino and Asian families.

"Maria Elena Ruiz, is not only an outstanding nurse, but also an outstanding NAHN leader," said NAHN President Angie Millan. “While she was President of
the Oregon-NAHN Chapter (2008-2009), she wrote a grant and received funding to develop the “Puente” program for NAHN-Oregon. This excellent program allowed LANAHN and the Oregon Chapter to collaborate in order to strengthen relationships between California and the Pacific Northwest, where less than 1% of Nurses are of Hispanic origin. Dr. Ruiz continues her work to build bridges — not only between individual leaders, but between chapters, so that we may strengthen our local and national initiatives,” added Millan.

**New Staff at NAHN**

Celia Trigo Besore

The National Association of Hispanic Nurses (NAHN) is delighted to announce the hiring of Celia Trigo Besore, MBA, CAE as executive director and CEO of NAHN.

Ms. Besore has over 15 years in association management, both as a consultant and as an association executive. Most recently, Ms. Besore was the Vice President of Marketing & Programs for the Central Station Alarm Association (CSAA), an international trade association of companies involved in the electronic security industry. She served at CSAA for 11 years. Previously, Ms. Besore worked at the Foodservice Disposable Institute and was a consultant to several non-profits in the Washington D. C. area.

She holds a Bachelors of Art in French and Computer Science (post-grad) from the University of Puerto Rico, as well as an MBA with specialties in strategic planning and marketing from George Mason University. She is a Certified Association Executive (CAE) and an American Society of Association Executives (ASAE) Diversity Executive Leadership Program (DELP) scholar.

She started at NAHN on August 16, 2010. She can be reached at cbesore@thehispanicnurses.org.

Rachel M. Anderson

The National Association of Hispanic Nurses (NAHN) is also delighted to announce the hiring of Rachel M. Anderson as Administrative Associate. Ms. Anderson is a recent graduate of the American University’s School of International Service in Washington, DC.

Previous to coming to NAHN, Ms. Anderson held various internships positions at the Consulate of Mexico, at the Council for International Exchange of Scholars (CIES)’s Fulbright Scholar Program; StoryCorps, an independent production company that works in collaboration with National Public Radio (NPR) and...

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**NAHN Scholarship/Awards Winners**

**2010 Avanzamos con Ayuda de United Health Scholarships**

The recipients of this year’s NAHN $1,000 scholarships were Karen Bastian, Nancy Fernandez, Teresa Huerta, Angela Melchor, Jessica Planas, Liduvina Portillo, Delia Silva, and Adriana Stanley. They were also recognized during the NAHN Gala at the 2010 NAHN Conference.

Many thanks to the 2008-2010 NAHN Scholarship Committee for their work in reviewing and evaluating the many scholarship applications. The committee members were Juan Perez, Chair; Anabel Castro; Suzette Garcia; Ada D. Gonzalez; and Susana Gonzalez.

The 2010-2012 NAHN Scholarship Committee, headed by Miriam “Mimi” Gonzalez, will soon start their review and development of the 2011 Scholarship application criteria and procedures.

NAHN Chapter presidents, please start preparing your student nursing members to start collecting the information they will need to complete the NAHN scholarship application. Please also encourage them to get involved in their communities and their Chapter. All this will facilitate their completing the scholarship application form once it is finalized. We will distribute the application forms online and also at the January Chapter Presidents’ retreat.

We will highlight other NAHN Annual Conference Awards recipients in the next issue of NAHN at a Glance.
the Library of Congress collecting the “historias” of Hispanic Immigrants. She also worked at a Madrid publishing house, both as a translator and as a communications assistant. She is fluent in Spanish and has studied the language for over 10 years.

Rachel started at NAHN on September 15, 2010. She will handle membership and chapter support, as well as other duties as needed. She can be reached at randerson@thehispanicnurses.org.

NAHN Job Board

Did you know that NAHN’s Career Headquarters has some wonderful job openings in many different positions around the U. S.?

If you or someone you know is looking for a new opportunity, don’t forget to check out http://www.thehispanicnurses.org/jobpress/. Below are some of the most recent jobs.

- RN Supervisor
- Nursing Instructor
- Registered Nurses (RNs) and LPNs/LVNs
- Case Manager
- Medical Management Nurse Manager
- Wound Care Nurse, RN, and Nurse Manager
- Chief Nurse Executives (2)
- Pediatric RNs
- Assistant Director, Physician Practice
- Trainer - Case Management
- Case Manager/Care Coordinator II
- Nursing: Tenure Track Faculty Positions
- Maternity/Pediatrics/Family Nursing Family Nurse Practitioner

Also, don’t forget to encourage your employer to post job openings on the NAHN Career Headquarters page!! Our fees are very reasonable and the money collected benefits YOU, our members!

Members on the News

Michele Crespo-Fierro, a member of New York Chapter, was recently featured in the American Nurses Association (ANA) Brief, and interviewed by NY1 (New York City) for her work on establishing “Latinos Aspiring To Imagine Nursing Opportunities, or LATINOS,” at New York University’s College of Nursing where she is a professor. The aim of this program is to increase diversity in the nursing profession. Michele encourages her students to pursue higher education degrees, take on bigger roles in health care and academics, and promote more responsibility and leadership roles for nurses. See the complete news report at http://www.ny1noticias.com/content/principales/salud/126597/la-enfermer%c3%ada-es-una-opci%c3%b3n-para-estudiantes-latinos-en-nyu/.

Sonia Valdez, president of the Orange County Chapter, was recently interviewed by Univision’s 1020 Radio AM (Los Angeles) Luz María Briseño show. The topic was Hispanic women and heart disease. Sonia discussed the risk factors for heart disease, how to prevent it, and where to find more information. Sonia also participated in the Hispanic Heritage Month “Go Red Por Tu Corazón” event at Macy’s on September 25, 2010.

Francisco Diaz, GNP, a New York Chapter member, recently developed a great video on what it is like to be a Gerontological nurse for the Hartford Foundation contest. You can watch it at http://http://www.youtube.com/watch?v=RwsqdsWTyC0.

NOTE: We would love to feature YOU next!! Share your successes with all of us by e-mailing them to nahnnews@thehispanicnurses.org.

NAHN Chapters’ Tidbits

The NAHN Michigan Chapter has new leadership. Below are the new officers. Thanks to departing president Claudia Valdez-Lowe and her team for their service to NAHN and their Chapter and a warm welcome to the new Michigan Chapter Board. Their term started on October 1, 2010.

- President: Josie Foley
- Vice President: Aracely Martinez
- Secretary: Guadalupe Gonzalez
- Treasurer: Cynthia Davis
- Board Member: Claudia Valdez-Lowe
- Board Member: Ninfa Mendoza

The New Jersey Chapter held its Second Annual Fundraiser Dinner & Dance on Saturday, October 23, 2010 at the Holiday Inn Carteret-Rahway.

The NAHN New York Chapter conducted a very successful Second Annual Conference on Friday, October 8, 2010 at the Beth Israel Medical Center, Phillips Ambulatory Care Center. The theme of the conference was “Women, The Marginalized Species: Physical, Sociocultural, Psychological, and Economic Challenges.” It was attended by many participants. The student members participated throughout the day from the mechanics of the conference to introducing the varied speakers. The Chapter filmed the day and plans to utilize it as a learning tool for dialogue amongst the participants during certain chapter meetings. The NY Chapter’s student members were also engaged in the summer in several community service projects / health fairs. The first project was the ADA “Feria Salud” and the other was an event with the Hispanic Federation, the “Vive Tu Vida” Health Fair.

NOTE: We would love to feature YOUR Chapter next!! Share your successes with all of us by e-mailing them to nahnnews@thehispanicnurses.org.
NAHN Activities

NAHN President Angie Millan has been very busy representing NAHN among the Healthcare and the Hispanic communities in the last few months.

On August 19th - 20th, Angie participated in the “Adult Immunization in Hispanic Communities-Identifying Barriers and Proposing Solutions” as a member of the Pfizer Advisory Board. In attendance was also our Immediate Past President Dr. Norma Martinez Rogers, NAHN Board Member Mimi Gonzalez and NAHN Past President, Tere Villot.

On August 25th, Angie participated in the National Hispanic Medical Association’s (NHMA) “Implementing Health Care Reform for Hispanic Communities” roundtable with Dr. Elena Rios, MD, MSPH, President & CEO of NHMA (see photo below.)

On September 9th, as a guest of NAHN’s supporter United Healthcare, she attended the 7th Annual National LATINA Magazine Symposium in D.C., a celebration of Latina achievements, including Hispanic Armed Forces members honored for "Distinguished Military Service."

On September 15th, Angie and NAHN Executive Director Celia Besore had the opportunity to attend the Congressional Hispanic Caucus Institute’s Annual Gala in D.C. as guests of United Healthcare. D.C. Chapter President Carmen Ramirez and D.C. Chapter member Arlma St. Clair also attended as guests of Abbott Laboratories. The keynote speaker was President Barack Obama. In his speech he highlighted the benefits for Latinos of the new healthcare law (see photo below).

On September 29th, Angie represented NAHN at Ildaura Muirillo-Rohde’s funeral and spoke on behalf of NAHN about her many accomplishments.

On October 9th, Angie attended the National Hispanic Medical Association Scholarship gala in San Francisco, where she reviewed and evaluated the nursing applications in her position as co-chair of the Annual Hispanic Health Professional Student Scholarship Fund.

Partner Spotlight
Huggies Every Little Bottom (ELB)

The National Association of the Hispanic Nurses is delighted to participate in the Huggies® Every Little Bottom (ELB) campaign.

As a proud partner of the Huggies® Every Little Bottom program, we have signed on to create awareness about the critical issue of diaper need in the Hispanic Community and across the country. A study conducted by Huggies® found that 1 in 3 American moms struggle with diaper need and are unable to provide diapers for their babies.

What is NAHN doing?

We launched Wave 2 of the NAHN / Huggies Every Little Bottom (ELB) program with a kick-off diaper drive on October 8, 2010. The drive was held at the Beth Israel Medical Center, Phillips Ambulatory Care Center, in New York, N. Y, and was conducted by the New York NAHN Chapter. The Chapter donated all the collected diapers to the Casa Esperanza in NYC for Mothers and Children with HIV/AIDs. The founder of Casa Esperanza is one of the New York’s Chapter members, Ms. Gina Ramos.

Several other NAHN Chapters have also conducted very successful diaper drives:

- The Orange County NAHN Chapter conducted two diaper drives on October 16th and October 19th, at the St. Joseph Hospital in Orange, Calif. The diapers collected were donated to the Emmanuel House in Santa Ana, Calif.
- The Los Angeles NAHN Chapter conducted a diaper drive as part of the Chapter Gala on October 29 at South Hills Country Club in West Covina, Calif.
- The Washington DC NAHN Chapter conducted its first drive on October
The diapers collected were donated to the Spanish Catholic Center on Silver Spring, Maryland.

- The **Valle del Sol NAHN Chapter** conducted its first diaper drive on October 21 during their Chapter meeting. The diapers collected were donated to the St. Mary’s Food Bank Alliance, in Phoenix, Arizona.

The **New York NAHN Chapter** (December 4th), the **Washington DC NAHN Chapter** (November 16th), and the **Valle del Sol NAHN Chapter** (November) are planning to conduct diaper drives in the future.

We are still looking for additional **NAHN Chapters** to volunteer to conduct diaper drives. For additional information, please contact **Celia Besore** at director@thehispanicnurses.org or at 202-387-2477. We can help you with campaign materials, as well as diaper bank information.

**NAHN has also shared the message through our Facebook and Twitter pages.**

**The Every Little Bottom Ambassador Program**

As an individual member of NAHN, you can serve as an Every Little Bottom Ambassador to help educate our community about diaper need and what others can do to make a difference. Here are a few fun and easy tips on how to spread the word about Every Little Bottom:

- Spread the word about Every Little Bottom through your circle of friends, family and colleagues, via Twitter, Facebook, or other ways.
- Gather friends and organize your own diaper drive!
- Purchase specially-marked packs of Huggies diapers or wipes and help diaper a baby in need. Through December 31, 2010, Huggies will donate up to 18 million diapers as a result of this effort, making the 2010 program donation up to 20 million diapers.

Buy your diapers at the following retailers:

- Walmart will donate an extra diaper for every Huggies pack purchased in its stores from October through December, up to a total of 1 million diapers.
- **Sam’s Club** will be hosting diaper drives nationwide with collection bins in every club. Diapers donated in each club will benefit local babies in need.
- **Kroger** will support Every Little Bottom in every store during December with a major sale on diapers. Additionally, Ralphs (which is Kroger-owned) will organize diaper drives and events in select Southern California cities to help address the issue of diaper need. Check with a local retailer to learn if they are participating.

You can also **donate diapers through Amazon.com**, a great way to participate in the Holidays! It is very easy.

- Click on “Get Involved.”
- Enter your zip code where it says: “Donate Diapers Online” and click on “Donate Now.”
- Select the organization where you want to donate your diapers.
- Click on “Donate with Amazon Wishlists.”
- “Add to cart” whichever box you want to donate.
- “Proceed to Checkout”
- If you have an account with Amazon.com, enter your information. If not, simply create an account. It is very easy!
- Enter appropriate information. Make sure that it says to ship to the address of the Diaper bank/organization that you selected.
- **IMPORTANT:** When you get to the screen that says “Choose your shipping options” make sure to check the box at the bottom of the screen that says “Does your order contain gift items? Ordering a gift? Check this box to see gift options before checkout.” Hit “Enter.”
- Please write “from a NAHN member – Chapter xxx” where xxx indicates your Chapter (see sample below).

As of mid-October, we have collected almost 7,000 diapers so far—let’s see if we could at least double that amount by December 31!

**Partner Spotlight**

**Coca-Cola Company**

The Los Angeles, Orange County, and San Diego Chapters represented NAHN on Sunday, August 29th, 2010 at the “Día de la Mujer”, a health fair organized by the NAHN supporter **Coca-Cola Company** in Los Angeles. Volunteers from these chapters conducted breast exams and taught participants how to do self-breast exams. **St. Vincent Hospital** offered on-the-spot mammograms.

Our volunteers’ efforts quite possibly saved lives, as they had four positive results, one of them showed to be a pretty large tumor in the mammograms. Appointments for follow up were made for the individuals with the positive results and referred to Promotoras for their assistance.

Many thanks to **Sonia Valdez, RN, BSN, CVRN**, who coordinated the event, as well as to **Sylvia Estrada, RNC, WHCNP, CBCN**, and **Monica Garcia, RN, MSN, FNP**. Many thanks also to the other volunteers who dedicated their Sunday off to serving their community:

- **Oliva Pérez**
- **Nancy Montoya, RN**
- **Linda Maldonado, RN**

[Image of volunteers teaching self-breast exam]
In addition, our members also conducted several seminars. Sergio Aguierre spoke about “Obesity” and Sonia Valdez spoke on “Viviendo Saludable, Living Healthy.”

Many thanks to Melissa Palacios, Hispanic Marketing, at Coca-Cola for coordinating the event with NAHN.

We will highlight other NAHN partners in the next issue of NAHN at a Glance.

NAHN Ambassadors

You are the best marketer for NAHN membership! Become a NAHN Ambassador by recruiting new members. The top NAHN Recruiter since August 20, 2010 is...

Corina Chick, a Valle del Sol-Phoenix Chapter member, Corina has recruited 12 new paid members since August 20th.

NAHN members, let’s give Corina some competition!! Start recruiting now!

Note: Make sure they write your name on the form where it says “Member Ambassador” and “Referred by:” If you have referred members, since August but are not listed above, please let us know so we can give you the credit. Send Rachel Anderson an e-mail to randerson@thehispanicnurses.org.

From The Capital

First Lady Talks with Nurses

On September 29, 2010, First Lady Michelle Obama held a conference call with nurses from across the country to discuss the Patient’s Bill of Rights and other important benefits from the Affordable Care Act. Joined by Dr. Mary Wakefield, Administrator for the Health Resources and Services Administration, and six nurses from a cross-section of practices and hometowns, the First Lady emphasized what the new reforms mean for nurses and their patients.

So for example, insurance companies can no longer discriminate against kids because they have a pre-existing condition. Patients can no longer be dropped by their insurance companies because they get sick. People suffering from a serious illness like breast cancer can focus on their treatment because they no longer have to worry about hitting their lifetime limit on coverage. And college kids and young adults just starting out on their own can now get coverage through their parents’ plan.

Encouraging access to preventive care is an important part of the Affordable Care Act and the Let’s Move! initiative, which is focused on ending the epidemic of childhood obesity within a generation. As the First Lady discussed, preventing illness helps cut health care costs and keeps families healthy.

The First Lady recognized the significant impact nurses have had throughout the reform process and asked for their help in sharing information about the new law with their peers.


CLAS Standards

This year marks the 10th anniversary of the National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health Care. To ensure that the CLAS Standards remain current and appropriate, the HHS Office of Minority Health is launching an enhancement initiative of the CLAS Standards.

As a part of this initiative we are seeking public input from individuals and professional communities across the country. The public comment period consists of an online survey as well as three regional public comment meetings.

The purpose of the public comment meetings is to provide a forum for capturing comments and feedback from individuals like you regarding the existing CLAS Standards. The feedback received will serve to inform the enhancements to the existing standards.

To provide feedback on the CLAS Standards online, or to attend one of the public meetings, please visit http://clasenhancements.thinkculturalhealth.org.

For more information or to ask a question about this initiative, please contact us at CLAS_Enhancements@thinkculturalhealth.hhs.gov.

Health Reform Webinar

Participate on a free webinar on November 4, 2010 from 2:00pm to 3:00pm Eastern Time offered by the Substance Abuse & Mental Health Services Administration (SAMHSA) on the Health Reform State Road Map.

John O’Brien, SAMHSA Senior Advisor for Health Care Financing, will discuss important milestones in the Affordable Care Act and strategies states can use to ensure they are ready for health care reform implementation.

• Conference Number: PW8090855
• Audience Passcode: 5350462

Health Policy & Legislative Affairs

By Mirian Zavala, MS, RN, DNSc

White House Initiative on Educational Excellence for Hispanic Americans, an Executive Order signed on October 19, 2010 by President Barack Obama continuing the support from former President George W. Bush under (Executive Order 13230), former President William Clinton (Executive Order 12900), and initiated by former President George H. W. Bush in 1990.

The objective of this Executive Order is to expand educational opportunities and improve educational outcomes for all Hispanics consistent with the law.

The new elements are:
• Collaborating with communities nationwide
• Establishing a Federal Interagency Working Group to exchange resources and address issues
• Establishing a Presidential Advisory Commission

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Calendar of Events

The New York NAHN Chapter will hold its Fifth Annual Gala Dinner Dance on Saturday, December 4th at the Westchester Marriott in Tarrytown, NY. The Gala will raise funds for Hispanic Student Nurse Scholarships.

NOTE: We would love to feature YOUR Chapter events in the next newsletter!!! Send us your event notification to nahnnews@thehispanicnurses.org.

Get Involved!

Become a NAHN Policy Committee Member

Dr. Maria Elena Ruiz, a newly elected Board member and Chair of the Policy Committee, is looking for volunteers to join the Policy Committee (please refer to the NAHN Bylaws for a full description at http://www.thehispanicnurses.org/about/nahn-bylaws/). The Policy Committee has two volunteer members thus far (Oregon and Colorado).

In an effort to achieve wider national representation, we would like to invite three additional members to join us, preferably from Midwest, Southern, or Eastern states.

The Policy Committee will meet from time to time via email or conference call.

The Policy Committee shall:
- Integrate NAHN’s purpose with related public policy issues and address the challenges
- Develop position papers for discussion and action by the Board of Directors and the membership
- Seek collaboration with the private, public, and governmental entities in matters of public health as they relate to Hispanics
- Be requested, if necessary, to serve as NAHN representatives on boards, commission, and task forces
- Develop endorsement policies and guidelines for externally funded sources

If you are interested in joining the Policy Committee group, please contact Dr. Ruiz at mariaelenaruiz@me.com.

Become a NAHN PR Committee Member

Margaret Avila, MSN, MS, RN/NP, PHN, the Chair of the NAHN Public Relations (PR) Committee, would like to invite a NAHN member from the Midwest and a member from the South to serve in the PR Committee.

Please e-mail Margaret at mavila04@gmail.com to join!

Please refer to the NAHN Bylaws for a full description of these Committees: http://www.thehispanicnurses.org/about/nahn-bylaws/

Did You Know …


2010 Annual Conference Photos

If you are interested the 35th Annual NAHN conference pictures, the photographer has provided a website for you to purchase pictures - http://www.printroom.com/GHome_main.asp?domain_name=hathcoxphoto

Please feel free to contact David Hathcox directly for questions regarding the photographs at either 703-845-5831 (office) or 703-980-2152 (cell).

Let’s Get Social

We want to invite our members to “get social” and join the NAHN Social Media sites. Become a “fan” of the NAHN Facebook page and follow our “tweets” on our Twitter page.

Click on the links below and join us now!
- NAHN Twitter Page: @nahnnursing

Don’t forget to send us your news! ¡Hasta luego!